



TMC Health Medical Education Program

2025-2026 Transitional Residency Information
Academic Year is 6/24/2026-6/23/2027

Sample Block Schedule and Rotation Information

Block 1	Block 2	Block 3	Block 4	Block 5	Block 6	Block 7	Block 8	Block 9	Block 10	Block 11	Block 12	Block 13
Elective	TMC Med A	TMC CC	VA Med D	VA Ambulatory	Elective	TMC Med C	VA Cardiology	Elective	VA Med B	TMC Emerg Med	Gen Surg	TMC Quality
Vacation		Vacation			Vacation			Vacation				Vacation

TMC Medicine A

Team A: 1 resident (TMC IM) and 2 interns (TMC IM + TY) + Sub-I + MS3s. There is noon report at 12:30 pm on Mondays and Tuesdays and Grand Rounds is every other Friday 12:30-1:30p. You will work six days a week alternating long call and short call with the Family Medicine Team B. No night call, long call days are from 6:30am - 8pm, short call days are from 6:30am - 2pm. Days off are worked out with the resident team and senior on the rotation.

Dress Code: Scrubs & Residency Jacket

TMC Medicine C

Team C: 1 resident (TMC IM) and 2 interns (TMC IM + TY) + 2 MS3s, working on the cardiac floor. There is noon report at 12:30 pm on Mondays and Tuesdays and Grand Rounds is every other Friday 12:30-1:30p. You will work six days a week. No night call, days are 6:00a-4pm. Days off are worked out with the resident team and senior on the rotation.

Dress Code: Scrubs & Residency Jacket

TMC General Surgery

The General Surgery team consists of you and three UA General Surgery residents. Occasionally you may have a first year family medicine resident added to the team. Your day begins around 5 am to be prepared for first set of rounds at 6 am. Pre and Post Op management is the main focus but there are plenty of opportunities to get your hands wet. Putting in orders and following up on those orders are an important part of a successful outcome. Note writing will be shared with all the interns and average hours spent during this rotation is still under 80. Days off are averaged as 1 out of 7 and generally scheduled as "golden weekends" scheduled by the senior resident.

Dress Code: Scrubs & Residency Jacket

TMC Quality

Quality Improvement Rotation is a non clinical rotation. You will spend time with multiple departments including: bed control, professional staff services, pharmacy, nutrition, hospice, medication safety oversight, palliative care and case management. You will be learning what resources are available to you as a physician and to the patients. You will work on a quality improvement project using an A3 development tool and present your findings/suggestions to the quality department and unit managers where your project took place. This rotation has weekends off and operates during normal business hours.

Dress Code: Business Casual

TMC Emergency Medicine

Emergency Medicine rotation consists of 14 - ten hour shifts, some nights and some days. The Tucson Medical Center ED is an adult only ED and does not take level one trauma patients. With that said it is a very busy ED and you are expected to see 5-6 patients per shift. On your first day with Dr. Tiemeier will provide orientation to the ED and you will work along side them your first shift.

Dress Code: Scrubs & Residency Jacket

TMC Critical Care

TMC Health has an open ICU where you will work with TMC IM residents, possibly two medical students, occasionally there will be a family medicine resident as well. This rotation is a great learning experience and the attending will give you a couple to a few patients to manage depended on how the ICU is doing. You will work six days a week, 530a-530p. Days off are worked out with the team.

Dress Code: Scrubs & Residency Jacket

VA Medicine B

On this VA medicine rotation you will work alongside the UA Internal Medicine residents and become comfortable with the bread and butter health conditions that many veterans live with. You will work six days and week alternating long call, short call, post call, no call. There will always be two TY residents on the medicine rotation, assigned to different teams. You will work long days but do not have night call, the VA relies on residents to operate and you are needed on this rotation.

Dress Code: Scrubs & Residency Jacket

VA Medicine D

On this VA medicine rotation you will work alongside the TMC Internal Medicine residents and become comfortable with the bread and butter health conditions that many veterans live with. You will work six days and week alternating long call, short call, post call, no call. There will always be two TY residents on the medicine rotation, assigned to different teams. You will work long days but do not have night call, the VA relies on residents to operate and you are needed on this rotation.

Dress Code: Scrubs & Residency Jacket

VA Cardiology Consults

Cardiology Consult team consists of University of Arizona Cardiology Fellows on an inpatient consult service. Weekdays start at 7:45 AM and begin with rounding on patients followed by the service and then seeing new consults. The team additionally takes ED Cardiology consults, including STEMI calls. There are opportunities to view procedures in the cath lab and to participate in cardioversions on the floor. This rotation is Monday - Friday with no night call.

Dress Code: Scrubs & Residency Jacket

VA Ambulatory Clinic

While completing ambulatory clinic at the VA your role is to help optimize surgical candidates pre-operatively. This involves completing H&P's, determining which medications are appropriate to continue peri-operatively, and ensuring patients are cleared from a cardiopulmonary standpoint. During this rotation you should be prepared to be there Monday - Thursday 8-5 and Friday 8-12 however you will have a lot of downtime between patients and is a great rotation to study for step 3.

Dress Code: Scrubs & Residency Jacket

Electives X 3

Anesthesia, Dermatology, Hematology/Oncology, Neurology, Oculoplastics, Ophthalmology, Plastic Surgery, Radiology (Neuro Radiology, Nuclear Medicine), Radiation Oncology, Rheumatology, Vascular Surgery, Pathology, PM&R, ENT, Research and any of the CORE rotations may be repeated.

Dress Code: Rotation Depending

Vacation

Residents get four 7 consecutive day vacations. Rotations underlined in the above sample block schedule are when you are able to be off. After match, **I ask for two vacation requests and the other two I will give you options for**. All 11 residents can not be off at the same time so, weddings, babies and important events will take priority. The more info I have about what you want off and why the better I can accommodate everyone's requests. ***Note: There are 5 blocks indicated with vacation, those are 5 options for 4 individual weeks of vacation.**

Step/Level 3

Step or Level 3 should be taken during a rotation where you can pre-schedule time off, not on a rotation where you are needed. For instance: Emergency Medicine or Electives are the best if you are looking for a weekday. Otherwise it can be taken on weekend days on rotations where you have Saturday-Sunday off. Step/Level 3 cannot be taken on any medicine rotation, ICU (unless during PTO), Ambulatory, Gen Surg, Cardiology or Quality (unless during PTO). TMC will reimburse you for the cost of Step 3/Level 3 and a 6 month subscription to UWorld or Comlex equivalent.